

# **Warming Up, Staying Neutral Program**

## **Directions**

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Prior to beginning this program, read Staying Neutral, A Warm Up Routine (<https://kevinplummerphd.com/staying-neutral-a-warm-up-routine/>) for a thorough understanding of the challenge the student faces, the problems it presents, and how to use this program to support the student. The rest of the materials described below (and how to use them) will only make sense after reading Staying Neutral, A Warm Up Routine.

The pages of the Warming Up, Staying Neutral Comprehension Guide are "two up" on the page so they can be printed and then cut in half and stapled into a guidebook. Prior to starting the Warming Up, Staying Neutral Program this Comprehension Guide should be read with the student a few times. The Warm Up, Stay Neutral Story has the same content, but it's condensed into two sheets of paper. This might appeal more to older elementary school and younger middle school students, and it's easier (than the guidebook) to reference quickly when needed.

Once the student has an understanding of the problem from the guidebook or story, and the solution (to use the Warming Up, Staying Neutral Routine), the staff should be ready to support the next problematic instance of avoidance. However, if avoidance can be easily remedied with simple interventions (e.g., increasing credits, offering help and support, showing the embedded schedule of the activity, using a visual support, changing a seating arrangement, etc.), it is better to do that instead of getting fully into this more involved routine.

The Information for The Classroom Teacher is a brief article that explains the purpose of the Warming Up, Staying Neutral Program (e.g., why a teacher should let a student sit in class and do nothing) and it provides guidelines to follow while teaching the class, along with recommendations that the classroom teacher can follow to help the program achieve success. Students who are using this program will likely be accompanied by special education support (at least at first), but the classroom teacher still has a vital role and will need the information from that article. Special educators, however, should read Staying Neutral, A Warm Up Routine (<https://kevinplummerphd.com/staying-neutral-a-warm-up-routine/>) for a thorough understanding of the program and how to implement it, but they should also be familiar with Information for The Classroom Teacher so they can support the teacher as well as the student.